






MORAY COMMUNITY PLANNING PARTNERSHIP
SINGLE OUTCOME AGREEMENT
(2008/09)




Healthier
(National Outcome 6)




Healthier Annual Progress Report

Action Status

	This Action has not contributed		This Action has partially contributed.		This Action has contributed.
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Healthier 06. We live longer, healthier lives. Continue to Improve the health of people and sustain long term change by preventing or reducing health inequalities



Title	Lead / Contact	Due Date	Progress	Contribution to Outcome	Status
Council and NHS to work together to develop new health centres	Lead: NHSG, TMC Contact: Elaine	31/03/2009	<p>Forres Integrated Hospital and Health Centre An outline business case has been approved with the developers being appointed. A public consultation exercise was carried out to inform the development. Work is progressing to timescale with an anticipated completion date of 2011.</p> <p>New Health & Care Development at Glassgreen replacing Victoria Crescent, Elgin This development is 90% complete with an anticipated completion date of September 2009.</p> <p>Life Science Centre The proposed Moray Lifesciences Centre will be progressed as phase 1 of the Campus Master Plan.</p>	Elgin will now have a balance of health provision which addresses access deprivation within the New Elgin area and has contributed to the achievement of this outcome.	
Girls to be immunised for HPV – all S2 and above pupils	Lead: CPP Contact: Tracy Gervaise	31/03/2009	There has been a very high uptake of the immunisation programme Moray-wide - in some schools this has exceeded 95% of pupils. Mechanisms are in place to identify and support hard to reach clients i.e. looked after and accommodated and gypsy traveller girls, who are age appropriate for HPV Immunisation.	The high uptake of this initiative has contributed to improving the long-term health of this targeted section of the Moray population.	
Development of School Travel Plans and Active Travel Plans and Schemes	Lead: TMC Contact: Gordon Holland	31/03/2009	<p>14 out of the 54 Moray Schools have completed School Travel Plans, some of which are being reviewed and revised. Those schools, which have not completed Travel Plans, are at various stages of developing their School Plans and are working closely with the School Travel Co-ordinator. As a result of the plans Moray is the second highest authority for the percentage of children cycling to school with a national average of only 2.8%. In other comparisons 17.8% of children in Moray are driven to school which is almost 4% less than the national average (21.5%). In Moray 19% of children are transported by bus which is similar to the national average of 18.7%.</p> <p>A very successful and well-publicised annual School Travel Plan Prize-Giving took place at Laichmoray Hotel on 26 March 2009.</p> <p>Active Travel Plans, aimed at encouraging use of active modes of transport as well as promoting safe routes to schools and work, are in progress of being developed. Several site specific plans have been created within the Council, including Council Headquarters. The council successfully secured central Government funding, via the energy saving trust to complete complementary travel plans for the major annexes within Elgin and the local area offices in Forres, Buckie and Keith. A number of improvements recommended in the HQ travel plan have been implemented and funded by HITRANS including:</p>	The authority is well prepared to meet the Government target of 10% of all trips (not just school trips) will be made by cycling and contributing to improving the health of people	

			<ul style="list-style-type: none"> ➤ Introduction of a pool of bikes scheme ➤ Improved cycle storage at the number of officers <p>Travel plans are also in place at Dr Grays Hospital.</p> <p>Active Schools Initiative has four priority areas: building a sustainable infrastructure; sustainable pathways to lifelong learning participation; targeting and project management. A number of actions have been delivered including:</p> <ul style="list-style-type: none"> ➤ Elgin Miniature Rifle Club, Forres Gymnastics Club and Highland Gliding Club achieved or working towards first level of Grampian Club Complete Accreditation Programme ➤ Orienteering, Rugby and cricket have been involved in the planning and delivery of action schools organised events ➤ Stay & play sessions have been delivered to 38 primaries ➤ Schools are undertaking action recommend by the disability related working group by including provision of activity sessions for sensory-impaired and developmental co-ordination disability impaired children. 		
Implement the Joint Health Improvement Plan	Lead: CPP Contact: Tracy Gervaise	31/03/2009	National guidance on the future of JHIPs remains outstanding. The Moray approach has been to adapt/modify the review of the JHIP, extract SOA health improvement outcomes and arrange for remaining health improvement outcomes to be performance managed via the Achieving a Healthier and Caring Community theme group and reported to the Healthier Strategic Group.	The Joint Health Improvement Plan has not been revised or implemented pending national guidance. However, the key issues around health improvement are continuing to be addressed through other means and as a result do not require to be written into this Plan.	
Develop Physical Activity Sport and Health Action Plan	Lead: JHIP Contact: Tracy Gervaise	31/03/2009	<p>Achievements coming out of the Action Plan to date include:</p> <ul style="list-style-type: none"> ➤ the full implementation of the Early years (0-5 year olds) Play@Home scheme, which now promotes physical activity to approximately 1100 children across Moray ➤ the ongoing success of the 'TOP TOTS programme' ➤ Walking groups are now in place in all the main settlements with a range of health walks on offer. ➤ The Walks to Health booklet has received national recognition. <p>Under the Living an Active Life Physical Activity, Post ad Health Strategy Development some actions are:</p> <ul style="list-style-type: none"> ➤ Hockey, tennis, cricket, rugby, badminton, basketball and girls football are the current focus of the sport development officer. Due to success over recent years of participants in the sport of athletics and the upsurge of people becoming more physically active through Jog Scotland groups this is also now priority. ➤ Football development is catered for through partnership agreement with Moray Council, Aberdeen Football club, Ross County Football Club and Scottish Football Association. 	The actions which have been implemented have contributed towards sustaining health improvement across all ages within the communities of Moray.	
Implement Moray Sexual Health Action Plan	Lead: CPP Contact: Tracy Gervaise	31/03/2009	<p>The Sexual Health Action Plan has been implemented. Some of the actions were:</p> <ul style="list-style-type: none"> ➤ Several Who's Who and What's What multi-agency sexual health workshops have been delivered with over 90 staff trained across the Partnership. ➤ The SMS Drop in, now based at Dr Gray's, has continued to provide advice to young people on sexual matters. ➤ The Mobile Information Bus encourages young people in rural areas to access 	The actions which have been implemented have contributed towards sustaining health improvement across all ages within the communities of Moray.	



			information which support them to make positive lifestyle choices. Over 7,500 young people have visited the bus in the past 3 years and numbers have increased year-on-year. Over 400 workshops have discussed sexual health or sexually transmitted infections.	
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Healthier
06. We live longer, healthier lives.
Increase the proportion of people needing care or support who are able to sustain an independent quality of life as part of the community

Title	Lead / Contact	Due Date	Progress	Contribution to Outcome	Status
Increase pro-active work with people at risk of admission to hospital	Lead: CPP Contact: Jane Mackie	31/03/2009	A contract has been agreed with ATOS (Development Consultants), specialising in analysing the patient journey to make their pathway through healthcare services more personalised and effective. Training days have also taken place and further consultations held over the last few months.	This initiative is in the early stages of development and made a partial contribution to the outcome.	
Develop housing/support models for older people in their communities	Lead: CPP Contact: Robin Paterson	31/03/2009	An agreement in principle has been reached with Hanover Housing, Council housing service and Community Care services to combine the contracted services for care and support of people within sheltered housing. This is a major move to give greater flexibility and an integrated response for the services users. In addition the home care service has undergone an number of changes to maximise the service users' possibility for independent living through the provision of the minimum safe level of intervention. A year long recruitment drive was undertaken with the result that over 100 new home carers have been recruited.	Though this project will not be implemented until 2010 this will be a major improvement to the quality of life for this part of the community and in the meantime progress has been made to modernise home care service supporting people to remain independent.	
Implement Carers Strategy	Lead: CPP Contact: Jane Mackie	31/03/2009	The Carers Strategy has started to be implemented and has focused on the re-tendering of the carers services to Quarriers (service provider) and ensuring that carer assessments are carried out to identify and support their needs. A joint service user and carer review form has been developed by Community Care Officers in Moray to capture information on carers satisfaction with their involvement in the design of care packages and if carers feel supported and capable to continue in their roles as a carer. There has also been greater involvement of carers and their satisfaction is evidenced by a recent one-off telephone survey found that 81% of carers were satisfied with their involvement in the design of care packages and 72% feel well enough supported and capable to continue their role as a carer.	The Carers Strategy is in the early stages of implementation but the two major activities required supporting carers in now in place. Feedback to date is that carers are satisfied with their support.	
Implement Moray Older People's Strategy	Lead: CPP Contact: Jane Mackie	31/03/2009	In 2008 the older people's service received an additional £259,000 for each financial year 2008-2011. The focus of the change for 2008-9 was on improving access to older people's services and improving the quality of assessment, care planning and review by increasing the number of qualified social workers within the services. Further the establishment of the Home from Hospital Service in Elgin and Forres has been achieved. The consultation on the draft Strategy has been completed and approved. However some of the actions have been progressed over the past year. These include: <ul style="list-style-type: none"> ➤ Maintaining the 0 delayed discharge rate as the service has improved its multi agency approach on hospital services 	Despite the strategy just being agreed the service has improved services for people waiting hospital discharge, needing a service or are in receipt of residential or domestic services.	





			<ul style="list-style-type: none"> ➤ There was an increase in social work staff concentrating on carrying out quicker assessment of needs to enable people to get the services they need ➤ Improved relationships with providers of residential and domestic services to better meet the needs of their clients 		
Implement Learning Disability "Same as You" plan	Lead: CPP Contact: Anne Slee	31/03/2009	<p>The Learning Disability strategy 2007-2010 is on track for completion on schedule at the end of 2009/10. The strategy contains 11 themes and the majority of actions under each are either completed or partially completed.</p> <p>Projects which have contributed to the outcome over the past year include the following:</p> <ul style="list-style-type: none"> ➤ a new registered care home in Forres, which has enabled 7 adults with learning difficulties some who previously were looked after in the hospital to be accommodated in a community setting. ➤ A joint initiative between Springfield properties, Grampian Housing Association and the Council for a development of 2 properties in Buckie and Elgin for 16 adults with profound learning difficulties taking people out of outdated facilities ➤ Implementation of the new medication policy supporting disabled people by training staff to give the medication in a more flexible way giving them more independence and choice. 	7 adults have been removed from unsuitable situation to care in the community. 16 more adults will be provided better facilities in the community and increased flexibility will be given to people on medication to fit into their lifestyle choice.	
Develop the use of telecare, preventative and rehabilitation services	Lead: CPP Contact: Jane Mackie	31/03/2009	<p>The Health and Social Care Partnership was successful in obtaining national funding for the telecare project. With those funds:</p> <ul style="list-style-type: none"> ➤ 60-70 people are now regularly using telecare equipment to support them to remain in their homes longer ➤ 29 Digital stories have been created to capture life changing events and in some cases the support received from services ➤ 3 lifestyle monitoring sets are available for use to establish the type of care required by placing the equipment in the home for 2-3 weeks to monitor lifestyle needs 	Telecare initiatives contribute to enabling people to remain in their home longer, ensure that the right care package is available and reassures carers that the person is safe.	


Healthier
06. We live longer, healthier lives.
People in Moray have improved mental wellbeing

Title	Lead / Contact	Due Date	Progress	Contribution to Outcome	Status
Implement Mental Health Delivery Plan	Lead: CPP Contact: Mike Perera	31/03/2009	The Joint Local committee for mental health (partners NHS Grampian, Moray Council, Aberdeen City Council, Aberdeenshire Council) have reformed as the mental health collaborative meeting delivery plan HEAT targets and associated commitments. Various workstreams are progressing including aiming to reduce antidepressant prescribing in Moray – 2 primary care based Clinical Associates in Psychology have commenced work. A reduction in readmissions to ward 4 target has been achieved. The redesign of dementia services is advanced – additional social work resources to the specialist team will begin in June 2009. In terms of reducing suicides another 2 staff have trained as suicide prevention trainers allowing a full programme of ASIST courses to take place in 2009/10.	The implementation of the Plan is well advanced and has contributed to improved mental wellbeing	
Support action in "towards a mentally	Lead: MCHSCP Contact: Mike Perera	31/03/2009	A pilot with LEAD Scotland commenced in January 09 to facilitate access to further education for people disadvantaged by mental illness. The pilot is due for	Given that the pilot has just commenced it has not yet had the	



flourishing Scotland”			completion in June 09.	opportunity to contribute to the outcome.	
Build on the Scotland’s Health at Work programme, and in particular mental health and wellbeing policies	Lead: MCHSCP Contact: Mike Perera	31/03/2009	<p>Wellbeingworks in a new online and offline personal programme offering information, support and counselling as well as an interactive health portal. Online components include a comprehensive healthcare portal, health bytes, health and wellness newsletter and a personal health risk assessment.</p> <p>As part of addressing health at work, the Council recently re-tendered for their occupational health services. The new service was launched at the beginning of the year offering an employee assistance programme (EAP). The EAP is a 24/7 service which provides free access to a range of specialist support and information including telephone and face-to-face counselling.</p> <p>Moray Health and Social Care Partnership are working together to help Moray Council and NHS staff improve and maintain wellbeing in the workplace and reduce the effects of stress. They are currently carrying out a follow-up survey focusing on stress highlighted in the larger staff survey.</p>	As the successor to Scotland’s Health at Work this initiative contributes to overall health and has focused on stress to improve the mental wellbeing of staff.	

Healthier
06. We live longer, healthier lives.
Reduce the burden of disease, harm, distress and premature death due to excessive alcohol consumption and drug misuse


Title	Lead / Contact	Due Date	Progress	Contribution to Outcome	Status
Achieve agreed number of screenings using the setting-appropriate screening tool and appropriate alcohol brief intervention, in line with SIGN 74 guidelines	Lead: NHSG Contact: Tracy Gervaise	31/03/2009	The roll out of Alcohol Brief Intervention Training for primary care practitioners is planned for April 09. GP practices are currently being consulted regarding participating in the programme with 16 out of 18 practices agreeing to implement the enhanced services.	The first stage of identifying the low level need in relation in drug and alcohol has been put in place through ensuring enhancing screening facilities at one of the main points of contact, GPs	
Operation Avon and Alcohol Test Purchase operations are due to commence shortly	Lead: TMC Contact: Andy Jamieson	31/03/2009	<p>During 2008/09 23 Operation Avons were carried out throughout Moray. Operation Avons involve a multi-agency approach to tackling under age drinking amongst young people. Families are also very much part of discussions which take place with the young people. Venues selected for Operation Avons are based on numbers of underage drinking and youth disorder calls around that time.</p> <p>During all the Operation Avons this year 1089 youths were spoken to, and 127 were found to be have been involved with alcohol in one of the following categories: possessing alcohol, to being under the influence, to being in the company of others who fitted the aforementioned categories, to being in the area where alcohol had been found secreted.</p> <p>Alcohol was seized during all 23 operations, being a combination of that found secreted, and that confiscated from youths. The current trend remains for youths to be consuming alcohol ranging from wine, beer and cider through to proprietary mixer drinks and home made concoctions secreted within soft drink bottles.</p> <p>8 intelligence led Test Purchase operations were carried out over the period, with one failure out of three tests carried out throughout Moray.</p> <p>There were 25 letters sent out re anti social behaviour this quarter.</p> <p>84 letters were sent to parents regarding their children's involvement in underage drinking over the year. These covered range of actions from possessing alcohol, to being under the influence, to being in the company of others who fitted the aforementioned categories, to being in the area where alcohol had been found secreted.</p>	Operation Avon continues to be successful in addressing issues of underage drinking among young people. Alcohol Test Purchases have also contributed to alleviating the problem.	
Implement DAAT action plan	Lead: DAAT Contact: Robin Paterson	31/03/2009	In February 2009 the CPP approved the restructuring of the Moray Drug & Alcohol Partnership (MDAAT) to Moray Alcohol and Drug Partnership (MADP) to ensure robust strategic links between the Healthier Strategic Group, the Safer & Stronger Strategic Group, the Safer Co-ordinating Group and Northern Community Justice Authority. It will also that moray benefits from and contributes towards the Grampian-wide Forum.	Although preparatory work has progressed, the DAAT Action Plan has not yet been finalised or implemented as planned.	
Develop Policy on alcohol issues for the Licensing	Lead: CPP Contact: Peter Adamson	31/03/2011	The Forum provides advice and makes recommendations to the Board on alcohol related issues on an ongoing basis. The Local Licensing Forum can play a crucial	This action has not been carried out and therefore not contributed to the	

Board			role in representing the views of the community in relation to alcohol policy to the Licensing Board and through the community planning structure.	outcome of reducing excessive alcohol consumption.	
Develop a strategy to tackle alcohol-related issues	Lead: CPP Contact: Sandy Riddell	31/03/2011	A needs assessment is underway based on guidance within the Scottish Advisory Committee on Drug Misuse report on integrated care for drug and alcohol users. The needs assessment will be presented to the DAAT strategy group early in April for consideration and prioritising of areas for inclusion in the action plan. The strategy will now be taken forward as a priority of the new Moray Drug and Alcohol Partnership.	This relates to the DAAT Action Plan, highlighted in the last but one comment.	

Healthier
06. We live longer, healthier lives.
The number of people in Moray who smoke will reduce

Title	Lead / Contact	Due Date	Progress	Contribution to Outcome	Status
Continue to provide Smoking Advice Service	Lead: NHSG Contact: Tracy Gervaise	31/03/2009	The Smoking Advice Service has continued to operate throughout the year. A review of Grampian wide Smoking Advice Services is at the discussion stage with a view to being completed in Sept 2009. A multi-agency Local Tobacco Alliance is to be established later this year in Moray.	This project has made a partial contribution to reducing the number of people in Moray who smoke. It is felt that the involvement of other agencies in the proposed Tobacco Alliance will make a greater impact over the next year.	
Implement maternal tobacco use initiative	Lead: NHSG Contact: Tracy Gervaise	31/03/2009	This project was recently launched to seek to reduce the number of mothers smoking during pregnancy. A postholder was appointed to lead the initiative, Health Visitors have completed smoking cessation training and the number of referrals is steadily increasing. A work plan for 2009/10 has been completed.	This initiative has only recently been launched and has thusfar only made a partial contribution to addressing the problem.	

Healthier
06. We live longer, healthier lives.
The numbers of overweight and obese children and adults will reduce

Title	Lead / Contact	Due Date	Progress	Contribution to Outcome	Status
Implement the Moray Food policy	Lead: JHIP Contact: Tracy Gervaise	31/03/2009	The Moray Food Policy has been drafted following a period of consultation and will be implemented following the appointment of a lead officer within the Council. Some of the main actions are: <ul style="list-style-type: none"> ➤ Ensuring all food services provided are based on healthy eating guidelines, nutritional standards and the nutritional needs and requirements of the population ➤ Ensure food provided or served meets food safety legislation ➤ Ensure special nutritional needs or groups (elderly, under 5s, ethnic minorities) are considered in planning for services ➤ Support local food economies through local procurement policies where feasible <p>In the meantime, Moray schools have continued to lead the way in improving</p>	The initiatives carried out has improved the nutritional standards within out establishments and increased uptake of school meals offering healthy options.	

		<p>nutritional standards – primaries exceeding and secondaries meeting targets set. The take-up of school meals has also risen through the Be Bright, Eat Right campaign. Ongoing support continues to ensure catering services implement standards for school meals, particularly in the promotion of the 'Be Bright Eat Right' Campaign.</p> <p>Over 50% of primaries have run successful health and nutrition workshops involving parents and a range of agencies, including Active Schools and Health Promotions. The 'Hungry for Success' dietician is providing guidance to primary and secondary schools on food and nutritional issues. In lieu of a Cooksafe training event, Continuing Professional Development is available through the Moray Childcare Partnership regarding safe practices around food. Support is ongoing for pre-school groups developing outdoor play. A Parent Leaflet, jointly produced by NHS Grampian, Aberdeenshire, Aberdeen City and Moray is now available. Moray Childcare Partnership training is based on the Nutritional Guidelines for Early Years and Childminders now have access to this training for the under 3s as part of the Healthy and Active Strategy.</p> <p>Council vending machines also now contain more healthy options.</p>		
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